

# Curriculum Overview

Subject: BTEC Level ½ Tech Award in Sport

Year Group: 10



Pupils will have the opportunity to develop applied knowledge and skills in the following areas: investigating provisions for sports including equipment and facilities to enhance sport, planning and delivery of sports sessions, and fitness for sport, including fitness testing and methodology.

Component 1 (30% of grade)

Component 2 (30% of grade)

Component 3 (40% of grade)

TERM 1	TERM 2	TERM 3
<p><b>KNOWLEDGE/SKILLS</b></p> <p><b>Component 1</b></p> <p>A – Types of sporting and physical activities and the benefits of taking part. Provision of sport in different sectors. Types and needs of participants. Barriers to sport and physical activity participation and how to overcome these.</p> <p>B - Sporting clothing, equipment and technology. Benefits and limitations of technology in sport.</p> <p>C - Planning and delivering warm ups. Responses of cardiorespiratory and musculoskeletal systems</p>	<p><b>KNOWLEDGE/SKILLS</b></p> <p><b>Component 1</b></p> <p>Preparation for PSA – planning for learning outcome A real assessment.</p> <p>Preparation for PSA – planning for learning outcome B real assessment.</p> <p>Preparation for PSA – planning for learning outcome C real assessment.</p> <p>(Final coursework grade for component 1 submitted in May)</p>	<p><b>KNOWLEDGE/SKILLS</b></p> <p><b>Component 2</b></p> <p>A – Understand how components of fitness are used in different physical activities.</p> <p>B – Be able to participate in sport and understand the roles and responsibilities of officials.</p> <p>C – Demonstrate ways to improve participants sporting technique.</p>
<p><b>KEY ASSESSMENTS</b></p> <p>Half term 1: Learning Aim A assessment practice (teacher marked)</p> <p>Half term 2: Learning Aim B assessment practice (teacher marked).</p> <p>Learning Aim C assessment practice (teacher marked)</p>	<p><b>KEY ASSESSMENTS</b></p> <p>Half term 1: Supervised assessment of Learning Outcome A (real coursework)</p> <p>Half term 2: Supervised assessment if Learning outcome B (real coursework)</p> <p>Supervised assessment of Learning outcome C. (real coursework)</p>	<p><b>KEY ASSESSMENTS</b></p> <p>Half term 1: Upgrading task 1, 2 and 3 (final grade decided for Component 1 coursework)</p> <p>Half term 2: Assessment practice for learning outcome A (teacher marked)</p> <p>Assessment practice for learning outcome B (teacher marked)</p>

Extended reading suggestions and external resources:

<https://www.amazon.co.uk/Pearson-REVISE-Award-Sport-Revision/dp/129243614X>

[https://www.amazon.co.uk/Pearson-REVISE-Award-Practice-Assessments/dp/1292436301/ref=pd\\_bxgy\\_thbs\\_d\\_sccl\\_1/257-9930138-5047832?pd\\_rd\\_w=Xuzhf&content-id=amzn1.sym.a08eede5-3393-433c-bbdb-c853fc4fd321&pf\\_rd\\_p=a08eede5-3393-433c-bbdb-c853fc4fd321&pf\\_rd\\_r=YY2BAH7346M5Q5Y98KK2&pd\\_rd\\_wg=ANsDO&pd\\_rd\\_r=b8c4d532-7d99-4e39-b901-a580cadf9c4c&pd\\_rd\\_i=1292436301&psc=1](https://www.amazon.co.uk/Pearson-REVISE-Award-Practice-Assessments/dp/1292436301/ref=pd_bxgy_thbs_d_sccl_1/257-9930138-5047832?pd_rd_w=Xuzhf&content-id=amzn1.sym.a08eede5-3393-433c-bbdb-c853fc4fd321&pf_rd_p=a08eede5-3393-433c-bbdb-c853fc4fd321&pf_rd_r=YY2BAH7346M5Q5Y98KK2&pd_rd_wg=ANsDO&pd_rd_r=b8c4d532-7d99-4e39-b901-a580cadf9c4c&pd_rd_i=1292436301&psc=1)