



CHASE HIGH PE DEPARTMENT EXTRA-CURRICULAR TIMETABLE

2nd HALF SPRING TERM 2025

CHASE HIGH SCHOOL
Aspiration, Character & Excellence

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BEFORE SCHOOL 7.30am-8.10am	Athletics – Pole Vault Invite Only Mr Copsey	Trampoline KS3 Boys & Girls Mr Biggie Basketball Year 7 & 8 Boys Mr Sturge	Basketball Year 9, 10 & 11 Girls Miss Thompson/Miss Trigg Indoor Athletics Invite Only Miss Mayes Football Year 7 & 8 Boys Mr Sturge	Basketball Year 7 & 8 Girls Mrs Lane/Miss Mayes Badminton (upper gym) All Years Boys & Girls Mr Biggie	ESA Training Invite Only Mr Copsey
BREAK 11.00am-11.15am	Basketball Shooting All Years Boys & Girls Mr Sturge				
LUNCHTIME 1.25pm-1.50pm	Basketball All Years Boys & Girls Mr Copsey	Basketball All Years Boys & Girls Mr Copsey	Basketball All Years Boys & Girls Mr Copsey	Basketball All Years Boys & Girls Mr Copsey	Basketball All Years Boys & Girls Mr Copsey
AFTER SCHOOL 3.15pm – 4.15pm	Staff Meetings Basketball Year 7, 8 & 9 Boys & Girls Scorpions Coach Tape Ball Cricket All Years Boys & Girls External Essex Coach Football Year 9, 10 & 11 Girls Chelsea Coach	Basketball Year 9, 10 & 11 Girls Miss Thompson Basketball (upper gym) Year 7 & 8 Girls Mrs Lane/Miss Trigg Football Year 8 Boys Mr Walrond	Netball All Years Miss Thompson/Miss Mayes/Miss Trigg Football Year 10 & 11 Boys Mr Biggie Intervention Year 11 GCSE Mrs Lane	Rugby Year 7, 8 & 9 Girls Miss Mayes/Mr Aldridge Basketball Year 10, 11 & 6 th Form Boys Mr Biggie/Mr Giles Football Year 9 Boys Mr Copsey	Football All Years Girls Miss Mayes Football Year 10 & 11 Boys Chelsea Coach Rugby All Years Boys Mr Sturge/Mr Copsey Football Year 7 Boys Mr Dawson