



Headteacher's Comment:

Today we welcomed our upcoming Year 7 pupils from their primary settings. They have been involved in a day of learning, exploring and getting to know new friends. They have also displayed the maturity and excellence that we expect from all students at Chase High.

It is sometimes easy to forget, or not notice what happens in a 'standard' week at Chase High school. As you can see from the articles below, our teachers and pupils are regularly going above and beyond to create and experience things that sit outside of the daily timetabled lessons. Not all schools do this, not all staff in the UK want to make every day memorable, not all pupils are as friendly and dedicated to improvement as our pupils at Chase High. Not a day goes by that I do not feel proud of you all.

#ProudtobeChase



Culture Week:

As a school we pride ourselves on being an inclusive community where children feel welcome and valued and can celebrate who they are. All this week, we have been celebrating culture and diversity with a variety of different events. On Monday our LGBT+ community put together a fantastic display and celebrated Pride with music performances and handing out badges and wristbands. On Wednesday, students baked delights from around the world and sold them at lunchtime. We have had our Chase World Cup football tournament taking place daily on the school's Astro, with each tutor group putting forward a team with a designated country. The week concluded with a fantastic fashion show, with many staff and pupils stepping onto the catwalk in traditional clothing and brightly coloured flags to represent different countries and cultures from around the world.



Year 8 Liverpool Trip:

The History Department had another successful trip to Liverpool this week. The group of Year 8 students began their trip with a visit to Cadbury World to learn about the development of chocolate manufacturing and of course sample some too! They built on their classroom learning and gained an insight into Liverpool's role in World War 2 and the Transatlantic Slave Trade, with visits to the Western Approaches Museum and the International Slavery Museum. They also visited the Beatles Story and finished off the trip with a visit to Anfield.



Rewards Trip:

This week, a group of Year 10 students were selected to attend a trip to Stubbers Adventure Centre as a reward for attaining fantastic results in their PPE exams. The students had a fun-filled day, taking part in paddle boarding, crate stacking, abseiling and riding on banana boats. A huge well done to them for their outstanding PPE results.





Charity Visit:

On Monday, students from tutor group 8-S2 visited the Dementia Hub at Age Concern Southend, to donate the money Year 8 students raised during the school's LORIC week. Students were able to ask questions to staff and volunteers at the charity, to find out more about the fantastic work they do. It was great for them to see how the money raised can help so many people.



Year 11 Prom:

This week, we celebrated the Class of 2024 at the Year 11 Prom which took place at Saxon Hall. Students were invited to have a selfie taken by the magic mirror, help themselves to the sweet bar and buffet, and dance the night away on the dance floor! Everyone had an amazing time; including both the students and staff! We wish all the Year 11 students every success in the future.



EPAA Performance:

This week we celebrated the many amazing successes of our Elite Performing Arts Academy. We are very proud of all their achievements and the hard work our Performing Arts community put in to make the awards night a success. Congratulations to all those who received an award in their category.



Medical Reminder:

If your child has any medication kept in the medical room, please ensure you collect it before the end of term, as it will be disposed of in the appropriate manner. All epi-pens must have a one-year shelf life when being left at school, which may need to be updated in September.



Dates for your Diary:

- | | |
|--|---|
| 12.07.24 Sports Day / LORIC Cup | 18.07.24 Honours Assemblies |
| 15.07.24 – 19.07.24 Celebration Assemblies | 19.07.24 End of Term/ School closes to pupils 1.20 pm |
| 15.07.24 – Rewards Event | |



DISCOVERY
EDUCATIONAL TRUST

Chief Executive Officer: Mr R Duff

Chase High School is proud to be part of the Discovery Educational Trust



www.chasehigh.org



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DESIGN OUR NEW LOGO!

STEAM COMPETITION

Calling all designers! Are you ready to unleash your Creative genius and design a new logo for our STEAM initiative?

What is STEAM? STEAM combines Science, Technology, Engineering, Art and Maths to inspire innovation and creativity and solve real-world problems.

The challenge is to design a new logo for the school that is visually striking and communicates the essence of STEAM!

Completed entry forms are to be submitted to Mrs Dampier in Art.

Closing date for entries 19 July 2024

Winning design will be announced in September 2024

Please put your full name and tutor group on the back of your design.

Your design must be entirely original

You can submit your design in either black and white or colour.

Our judges will crown the winners from different age groups, with the overall champion's logo becoming the iconic symbol of STEAM!

What Parents & Educators Need to Know about ONLINE TROLLING

The term "Trolling" refers to sending hurtful or provocative comments – often done anonymously online – to provoke a reaction or cause emotional distress. Anonymity can embolden people into saying things they wouldn't dare say in person. Euro 2024 and other tournaments tend to put an emphasis on this, with the abuse of both players and fans often increasing during such events.

WHAT ARE THE RISKS?

ESCALATION

Many trolls begin with silly, banal comments before moving on to a broader pattern of offensive messages and posts. They can also turn their attention very quickly to a new target if they grow bored with an existing one, which makes engaging with one fruitless at best – and potentially dangerous at worst.

HIDING BEHIND A SCREEN

Because trolls tend to use anonymous profiles, they enjoy a lack of accountability. This also means they'll often have multiple profiles, potentially switching between them regularly or posting across several of them at the same time, making a target feel as though there's no escape. After all, once you block one account, what's to stop them reappearing elsewhere?

24/7 CONTACT

The internet has given us the ability to remain in contact at any time, from almost anywhere in the world. A troll having the ability to reach you whenever they want can leave you feeling like their abuse is unavoidable. While they don't see you in real life, they can message you at any time, reach out to your peers online and even try to discover your personal information to scare you.

HATE SPEECH

Sadly, many trolls resort to spewing racial slurs, homophobic attacks and awful stereotypes, as these often stand the best chance of causing emotional harm. This can add a hefty degree of weight to their attacks, moving from what might charitably be described as "teasing" into a genuine hate crime. After Euro 2020, three England footballers were racially abused, resulting in several prison sentences.

IMPACT ON VICTIMS

It's not uncommon for the victims of trolls to shut down their accounts, disappear from public life, and try to stay out of the crosshairs for a time – with some even leaving social media forever. This can have a severe impact on children and young people's connections to friends and the world at large, and may not even actually stop the troll. The victims' families, for example, may have online profiles that trolls can still access.

NORMALISATION OF TROLLING

It is, regrettably, inevitable that some people will go too far in their criticisms or comments, both online and in the real world. This can lead to many people seeing trolls and their abuse as part and parcel of social media – an inherent risk of interacting with others online. This doesn't mean, however, that it should be considered "normal" or even tolerated.

Advice for Parents & Educators

USE PARENTAL CONTROLS

While social media platforms (where most trolling tends to happen) aren't always helpful when responding to abusive behaviour, parents can set up screen time limits, so children only get to use certain apps at certain times. There's always the potential for trolling to occur anyway – such as friends showing screenshots to one another – but this would minimise the likelihood of children seeing it.

DON'T ENGAGE WITH ABUSE

A well-known adage on social media is "don't feed the trolls". Fundamentally, if a child identifies a potential troll online, it's best not to engage with that individual directly. Instead, consider setting up a log to gather evidence for reporting them later on, including screenshots and quotes where possible.

ENCOURAGE EMPATHY

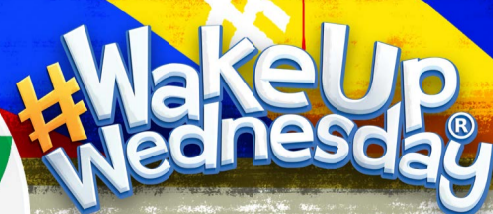
While every professional athlete aspires to maintain high standards, it's important to separate the player from the person. A player's performance doesn't make them worthy of abuse, and that can often be forgotten by younger children who simply see the colour of the shirt without considering the person wearing it. For all the rivalries between teams, it's essential children understand that players are still human beings, with families and lives outside of sport.

BLOCK AND REPORT

While anonymous accounts make it difficult to block trolls permanently – or even for very long – it's still good practice to help children learn to control who can engage with them online. It's not worth "feeding the trolls", and it's more helpful to block them, report them, and try to move on. Blocking and reporting is an anonymous process, too, so there'll be no indication of who specifically blew the whistle.

Meet Our Expert

Lloyd Coombes is the Editor in Chief of GGRecon, and has been working in the gaming and tech industry for five years. A long-time fan of Arsenal, he's a parent who understands the importance of online safety. He's also a tech and fitness writer whose work has been published on sites including IGN, TechRadar and many more.




The National College




CAREERS NEWSLETTER

This newsletter is a collation of all the opportunities we have heard about from employers and universities. Please use the links included to read more information and apply to anything you are interested in. Links are underlined.



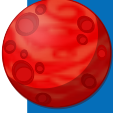
OPPORTUNITIES




This free, online webinar is geared at Disabled and Neurodivergent school, college, and university leavers, looking to take their first step on the career ladder. Join the panel of Disabled and Neurodivergent individuals, at various stages of their own careers, who will share their journeys and experiences so far. The session will also cover; gaining work experience, developing your first CV and finding accessible routes into employment. Think of this as a practical, informal session to help prepare you for finding your first job.



Open Learn's interactive and educational games are played and enjoyed by hundreds of thousands of visitors every year. They've pulled together 15 of their favourites for you to enjoy, so check out this collection. Here are some of the ones we thought sounded interesting:

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- Can you be the curator? Put yourself in the shoes of a specialist charged with the V&A's collections. Can you place a range of objects into the correct place in the museum? Try this interactive game!
 - Put yourself in a crime scene officer's shoes and try to solve a suspected murder when time and resources are tight. Can you link the suspects to the forensic evidence?
 - 15 minutes on Mars! In this interactive activity, you can explore the geology of Mars and find out what the future holds for the planet. Will humans ever step foot on Mars? Will we find evidence of life? There's only one way to find out...



The UK Graduate Careers Survey has been tracking students from the 'Class of 2024', to examine their career plans and expectations, their reactions to this year's on-campus and virtual recruitment events & promotions, and their applications for graduate jobs in 2024. You can read more here. This will be helpful for those of you going to university to learn more about graduate recruitment.

JOB OF THE WEEK



This week's video focuses on the job role of a Orthodontist. They use fixed & removable dental devices, like braces, retainers, and bands, to change the position of teeth in your mouth. After becoming a Dentist, they do an additional 3 years of training to specialise in aligning your teeth and jaw. Watch the video to learn more.

LABOUR MARKET INFORMATION FACT

790 Music Teacher jobs were needed in 2023 and just 216 roles were filled!

If you're passionate about music, don't think there aren't opportunities available for you.

Source

If you have any questions or need support, please email Edel.Donlon@chasehigh.org



CAREERS NEWSLETTER

OPPORTUNITIES



Are you thinking of taking a gap year in the future? Check out this article from National Geographic on the [value of responsible and purposeful Gap year travel](#).



Explore the Success At School '[Career Zones](#)' to learn more about how to develop your employability based on each individual industry. This provides more in depth information that just learning about general employability as all the information is sector specific.



University of Law have a [range of online events](#) happening throughout the summer that can help you to decide if the Legal industry is right for you.



EDF is Britain's biggest generator of zero-carbon electricity, and they've pioneered a number of innovative and groundbreaking projects to get there. If you're curious to learn how your skillset could fit into the energy industry, [this programme will help](#).



It's never too early to start thinking about your university application and the summer holidays can be a great time to gain skills and experiences that will give you plenty to write about in your personal statement and improve your chances of getting a place at your dream university. [This session from University of East Anglia](#) will help you to get a head start on your university application.



[The University of Bright online summer school](#) offers you the chance to get a taste of what it's like to study a subject you love at university. You'll take part in taster sessions and a subject-specific project that could be used to support your personal statement. The programme includes lectures, project support, informal discussions, careers and university information, study skills and fun online social events. There is no cost to take part in an online summer school. All students are invited to attend. You need to apply by 19th July.

EMPLOYER SPOTLIGHT

"Resolian is a Contract Research Organisation (CRO) that helps drug development and consumer healthcare companies develop medicines and products to improve the quality of life. Every day is different; we are empowered to solve a range of scientific problems, and embrace continuous improvement."

You can read more about Resolian's careers [here](#).

UNI SPOTLIGHT

"At Newman University we do things differently. We believe that learning is nothing without the development of the whole person, which is why we place equal importance on personal wellbeing and high academic achievement. At Newman you will discover something new. A traditional ethos. A modern approach. A sense of belonging."

You can read more about Newman's courses [here](#).

If you have any questions or need support, please email Edel.Donlon@chasehigh.org



Maximise Your Revision #7 Cornell Notes

The Cornell notes method was the idea of a professor in the 1950s at the prestigious Cornell university in the USA. Since then it is a popular choice for students at all levels of education to present their notes in a format that helps support memory.

Step one – Set up your page.

On a piece of A4 lined or plain paper divide it into a series of boxes

Step two – Add your information

Follow the prompt below to see the order in which you fill the boxes

Do Third Keywords Formulae Main ideas Prompts Links Questions	Do First What is the question you are trying to answer or idea you are trying to explain?
	Do Second <ul style="list-style-type: none"> • Make notes of important points • Mention important people, places and dates • Include diagram and picture • Examples of formulae or maths being used • Examples of explanations • Definitions of key terms • Critique – strengths and limitations, pros and cons
Do Last Summarise the page in no more than 5 sentences	

want to know more

You can download templates for Cornell notes. They do come in a variety of formats for you to choose which one works best for you. <https://templatelab.com/cornell-notes/>

Some great examples in this document to inspire your creativity

<https://benowashs.eq.edu.au/Supportandresources/Formsanddocuments/Documents/Cornell%20Notes/cornell-notes-in-depth-how-to-write-notes.pdf>

Tips for parent/guardian – instead of how's your revision going? Try these questions



Let me test you on your key points

How did you decide on the main ideas?

Talk me through the summary of the concept.