



Headteacher's Comment:

It seems unimaginable that we are approaching the final half-term of the year, and for our hardworking Year 11 and Year 13 students, it marks the culmination of years of study. Exam season occurs annually, but for the students experiencing it, it is a once-in-a-lifetime event. I am incredibly proud of this cohort and how they have overcome a vast array of challenges, including Covid-19. Reflecting on the days, weeks, and years gone by gives us the opportunity to reminisce about great times but also to learn from mistakes. We must embrace these lessons to ensure we get the most from today, tomorrow and every day moving forwards.

It is wonderful to hear how well the Year 10 students have engaged with their work experience. I have had many messages from employers telling me how they are impressed with the work ethic of Chase students, with many offering part time jobs to the students.

I wish everyone a restful half term break and implore you to reflect on the amazing things you have achieved so far this year.

#ProudtobeChase



Year 10 Work Experience:

Work experience has been a huge success over the past two weeks, with over 70% of students undertaking placements in local businesses such as Southend Hospital, M&S, The Holiday Inn, Ipecco and AH Studios, to name a few! We have had the pleasure of visiting a large number of students in their places of employment and the feedback from the employers has been extremely positive. Some students have even had job offers for weekend and holiday work! The students at school have been completing virtual work experience and took part in a workshop hosted by 'UpRise' which aimed to help develop employment skills.



Radio Stars:

Recently, BBC Essex Radio visited Chase High School to find out more about how the school is helping young people to find their passion for reading, and how this will have a positive impact in the rest of their lives. Their focus was on the challenges faced in secondary schools since COVID, specifically with literacy, and how we are endeavouring to improve students' outcomes in novel and innovative ways. Mrs Bayliss, Library Hub Manager and Ms Di Giampasquale, Lead Practitioner for English and Literacy Lead, were interviewed for the piece which was played on Monday's breakfast show. You can listen here:

<https://www.bbc.co.uk/programmes/p0hv9bwy>





Celebration Assemblies:

This week we celebrated the successes from this half term in our celebration assemblies. It was great to see so many smiling faces receiving their awards on stage. A big shout out to 9E2 who raised the most money in our LORIC challenge. As a year group, Year 9 managed to raise £318.95 for charity. Well done to everyone who was involved and to everyone who received an award this half term!



Remote Learning Day:

On Friday 14 June 2024 Chase High School will be welcoming 700 Year 5 pupils for a unique opportunity to immerse themselves in secondary school life. Due to the large number of Year 5 students visiting us that day, we have designated it as a remote learning day for our current Chase High students. Our teachers will be providing high quality work on Satchel One for students to access from home. Your support is greatly appreciated in ensuring a smooth and productive learning experience for all students.

House points totals for this week



676



610



738



650



Dates for your Diary:

27.05.24 – 31.05.24 Half Term Holiday

05.06.24 Year 6 to 7 Welcome Evening



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Chief Executive Officer: Mr R Duff

Chase High School is proud to be part of the Discovery Educational Trust



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Maximise Your Revision #2 Key Words

Key words are the backbone of building quality written answers. You will have been taught subject specific words but there is also a whole host of word used in formal language you need to understand. Some subjects are wordier than others but revision can be used to build your recall.

Step one - definitions

Key words are an excellent idea to put onto flashcards. Make sure you have an accurate and complete definition (you don't want to memorise any wrong ideas!)

Step two - use the words



- create sentences that use the words correctly
- Create clues for the words
- Draw images of the words

Step three - combine the words

Once you feel you have a good understanding you can randomly select a number of words (the more words the more challenging the task) and put them together in a paragraph to show how they link.



want to know more

<https://quizlet.com>

This website had a wide range of pre-prepared

flashcards for key terms in lots of subjects. A great start to mastering the vocabulary needed.

Quizlet

Tips for parent/guardian - instead of how's your revision going? Try these questions

What new words have you learnt today?

Can you give me three words and explain how they relate to each other?


Let's play Pictionary and see if I can work out the word you are drawing?




CAREERS NEWSLETTER

This newsletter is a collation of all the opportunities we have heard about from employers and universities. Please use the links included to read more information and apply to anything you are interested in. Links are underlined.


OPPORTUNITIES




Need to Know uses the news as a springboard into conversations about careers. N2K offers explainers giving context to what's going on in the world (which all end with a list of related careers), highlight live opportunities related to those issues, share advice from career experts and interview GenZers in jobs making an impact – big and small. [Check it out here.](#)



“People doing their job” is an instagram page dedicated to... Well, exactly that! It provides you with an insight into what tasks different job roles do on a day to day basis. [Check it out here.](#)



John Lewis Partnership have launched a new Virtual Work Experience programme: “Whether just starting your career or looking to change your career direction, everyone is welcome at JLP. Our virtual work experience gives you a taste of just a few of the careers available across the Partnership. Our organisation is a complex puzzle of amazing people, with incredible skills all pulling together to achieve the John Lewis Partnership vision. It's time to experience that for yourself!” [Read more here.](#)



Students hoping to start undergraduate courses in 2025 will be able to see the grades that recent successful applicants have achieved at A-level or equivalent. Universities already publish entry requirements for courses but they can be flexible and let students in with lower grades. The Universities and Colleges Admissions Service (UCAS), which is making the changes, said nearly half of applicants were admitted with lower grades. UCAS said the change would help students make “informed, ambitious choices” and give them confidence in their applications. [Read more here.](#)



UCAS will remove the application fee for students in receipt of free school meals. [Read more here.](#)

JOB OF THE WEEK



This week's video focuses on the job role of an [Judicial Law Clerk.](#)

This is a person, often a lawyer, who provides direct counsel and assistance to a lawyer or judge by researching issues and drafting legal opinions for cases before the court.

Watch the video to learn more.

LABOUR MARKET INFORMATION FACT

In January to March 2024, the number of people aged 16+ in employment was 33.0 million, and the employment rate for people aged 16-64 was 74.5%. Employment levels have fallen by around 204,000 over the last year, and the employment rate has fallen.

[Source](#)

If you have any questions or need support, please email Edel.Donlon@chasehigh.org



CAREERS NEWSLETTER

OPPORTUNITIES

Are you ready to kick-start your career in the dynamic world of finance and luxury asset lending? Look no further than JBR Capital – a leading specialist in prestige vehicle finance and asset-backed lending, in collaboration with RISE UP, a UK-based charity dedicated to providing support to young individuals facing obstacles. [Download the job description and read more here.](#)

Explore the BBC Bitesize Careers Hub. With a 'Subject of the Week', quizzes, top tips and a regular Careers Video Podcast, there is plenty here to inform and inspire you. Start by watching the episode '[Where can my subjects take me?](#)', find out more about [researching the right university for you](#) or understand how you can [forge your own path](#) with their Mindset Coaches. Whether you're deciding what to study, planning your future career or just curious about the world of work, [visit the homepage](#) to find advice from experts and young people who've found a path that suits them.

Introduction to Cambridge Applications: This webinar provides an introduction to Cambridge, the collegiate system, and the Cambridge application process. This includes information and guidance around admissions assessments, personal statements, and interviews, as well as an opportunity to get your questions answered. The next event is on 29th May and [can be booked here.](#)

Atkins, Faithful+Gould and SNC-Lavalin have united to become AtkinsRéalis, a world-leading design, engineering and project management organisation. Rest assured we're still us, just better. We continue to offer high-quality early careers programmes and a rich variety of opportunities. [Read more here.](#)

Did you know that students are 4x more likely to secure an apprenticeship offer through Pathway CTM's [FREE programme?](#) They go the extra mile for students offering free, one-to-one coaching and support as they start to take the first steps towards their careers!

EMPLOYER SPOTLIGHT

"Start your career at Reckitt, for the trust, support and opportunities to unleash your full potential. From day one, you'll be working with household brands on exciting projects that challenge you, and building skills to take your career wherever you want. All while helping us to transform our business and our world for the better."

You can read more about their careers [here.](#)

UNI SPOTLIGHT

"At Leeds, you'll gain new skills & experiences. Take advantage of life-changing opportunities that will be invaluable to you, personally & professionally. Our [teaching](#) will challenge you to explore, question & discover, and join the next generation of independent critical thinkers – shaping the future world around you."

You can read more about University of Leeds courses [here.](#)

If you have any questions or need support, please email Edel.Donlon@chasehigh.org

10 Top Tips for Parents and Educators

ENCOURAGING HEALTHY FRIENDSHIPS

Navigating the complexities of childhood and adolescent friendships can be challenging – but with the right guidance, children and young people can cultivate meaningful, supportive relationships, some of which may last for many years. These top tips provide a comprehensive approach to fostering healthy friendships among children and young people. It's important to remember, however, that each child is different, and will require an individual approach to relationship support.

1 GRANT FRIENDSHIP OPPORTUNITIES

Encouraging children and young people to join extracurricular activities can foster healthy friendships by providing shared interests and common ground. Engaging in these pastimes offers a platform for interaction, sometimes alleviating the social pressure of knowing what to say, and helps children develop meaningful connections.

2 LEAD BY EXAMPLE

The children and young people in our lives see how we behave, the connections that we've made and the interactions between us and others. When we model healthy friendships, we set an example and help youngsters to understand what healthy friendships looks like and how to navigate them.

3 HELP THEM LOVE THEMSELVES

Healthy friendships aren't just about dynamics with other people. They're about our relationship with ourselves. For overall wellbeing, it's important for a child to have the space to build their self-esteem and a positive self-image, as these factors can have a notable influence on the friendships they form throughout life.

4 MONITOR SCREEN TIME

Too much screen time can affect some children's wellbeing in general, but it can specifically impact friendships if it results in fewer positive social interactions. In some cases, reducing screen time and encouraging children and young people to find ways to interact face-to-face can have positive results. It's also important to remember that young people can make positive friendships online, but they will require support to do this safely.

5 TEACH PROBLEM-SOLVING

Inevitably, friendships can run into problems. However, this is also an opportunity to support children and young people to work through any difficulties that may arise. It can be tempting to intervene and try to fix these issues for those involved, but helping them consider ways of resolving conflict or managing difficult situations for themselves can help them create stronger friendships.

6 EMPOWER THE CHILD

When we give children and young people the confidence to choose their friends, navigate interpersonal boundaries and consider how they want to interact with the different people around them, we empower them to take control of the friendships they have. When young people feel in control of these things, they're more likely to make positive choices and remain aware of the signs of a negative relationship.

7 TEACH EMPATHY

'Healthy friendships' doesn't always mean 'perfect.' Sometimes, disagreements can happen. When we teach children and young people to have empathy, we help them to see both sides of a relationship; to be mindful of the challenges a friend might be facing or whatever else might be going on. This can help children and young people to build stronger friendships.

8 BE OPEN TO QUESTIONS

Talking to young people about their friendships, who they spend time with and who they interact with can open the door to questions if they have concerns. Initially, these queries may be straightforward, but if we are receptive to discussion from the outset, young people are more likely to come to us for help when they are older as well.

9 UNDERSTAND BOUNDARIES

One of the keys to a healthy friendship is honouring boundaries. This can include anything from respecting personal space and belongings to acceptable language and behaviour. Understanding the importance of setting these limits and upholding those set by others can help children stay safe. If young people figure out their boundaries and feel comfortable enforcing them, they're more likely to call someone out if they go too far.

10 SPOT THE SIGNS

We can't always supervise young people: sometimes, we need to step back and give them some space. However, it's important to consider any indicators that they may be struggling in their friendships. Are they becoming increasingly irritable? Does their behaviour alter when they've been with their friends? Are they becoming withdrawn or reluctant to take part in certain activities? These could all be signs that they're finding things difficult, and we should remain alert to such changes.

Meet Our Expert

Becky Dawson is an experienced educator who has worked in primary and secondary schools for 20 years. She is a facilitator, consultant and coach working with young people and the adults who work with them, with a focus on developing understanding and skills around mental health, wellbeing and safeguarding.



#WakeUpWednesday

The National College