



Headteacher's Comment:

Today we welcomed over 600 Year 5 students to Chase High School to experience what secondary education is like in one of the best schools in Southend. The students were treated to a number of lessons and activities and an amazing Science Show. I was honoured to be asked to teach a number of Technology lessons, allowing me to don my lab coat and engage with what I love most about my job, teaching young people. I very much look forward to welcoming the students back when they join us in September 2026!

[#ProudtobeChase](#)



UCAS Speaker:

This week, the Careers Department welcomed Beth from University College London to start the UCAS programme with our Year 12 students. Beth gave a inciteful talk about personal statements and super curricular, giving great hints and tips on how to write the best personal statement. The Careers Department look forward to working with our Year 12 students and parents in the coming months to support them with their transitions to University and employment.



History Month Competition:

Well done to Amber in Year 7 for winning the KS3 Local History Month Competition. Amber created an excellent presentation on the history of Priory Park, and what she likes to do when she goes there with her family.



Year 12 Parents' Evening:

We are holding our Year 12 Parents' Evening online on Thursday 20 June 2024 from 3.00 pm and hope all parents/carers take advantage of speaking with staff about their child's attainment and engagement. The booking system is now open. If you are having difficulties booking appointments please email sixthform@chasehigh.org and a member of the sixth form team will assist you.

[Click here to book an appointment!](#)



Keystage 3 Examination Week:

Good luck to our Key Stage 3 students who are completing their assessments next week. Students must arrive fully prepared with black pens, a pencil, a ruler and a calculator for their assessments.



Pre-Loved Uniform:

As the school year progresses, we continue to seek ways to support our students and their families in every possible manner. In line with this, we are excited to announce the launch of a new initiative at Chase High School – a Pre-loved Uniform Shop. If you have any school uniform that your children have outgrown or no longer need, we would be incredibly grateful if you could consider donating them to our shop. All proceeds from the sales will go directly back into supporting school programmes and activities. You can drop off any donations to the main school office during school hours. Thank you in advance for your generosity and support.



RSE Parent Drop In:

We understand that parents/carers may have concerns about RSE (Relationships and Sex Education) and the resources used to teach this topic. Therefore, we are offering a parental drop in session on Tuesday 18 June 2024 between 3.15 pm and 4.15 pm, at which you will be able to speak to key staff, and ask any questions you may have on the proposed policy. There is no need to book an appointment, simply come along to the main school hall.

House points totals for this week



1241



1208



1252



1248



Dates for your Diary:

18.06.24 RSE Parent Drop In

19.06.24 Thank a Teacher Day/Year 11 BBQ

20.06.24 Year 12 Parents' Evening

24.06.24 – 28.06.24 LORIC Week

24.06.24 Year 9 Author Visit

26.06.24 Year 5 Open Evening /

School closes at the early time of 1.25 pm

27.06.24 School opens at the later time of 11.00am /
Year 9 Performing Arts Trip to Mamma Mia



DISCOVERY
EDUCATIONAL TRUST

Chief Executive Officer: Mr R Duff

Chase High School is proud to be part of the Discovery Educational Trust



www.chasehigh.org



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CAREERS NEWSLETTER

This newsletter is a collation of all the opportunities we have heard about from employers and universities. Please use the links included to read more information and apply to anything you are interested in. Links are underlined.


OPPORTUNITIES



One for the parents... "Is your child gearing up for the exciting journey to university? Are you a proactive parent eager to ensure they embark on this new chapter with confidence and readiness? Look no further! Join us for an exclusive webinar hosted by My Swiss Story in collaboration with From HighSchool to Uni." Taking place on 14th June at 10am, parents can book their place here.






The latest version of the UCAS Tariff Tables is now available. Points included in the update are applicable to the 2025 application cycle. Download a copy of the Tariff Tables. If you don't know what UCAS Points are, you can read more here.



Are you keen to take part in a virtual work experience placement, but not really sure where to start? This new guide from Springpod will help you to understand how to create your account, apply for and take part in immersive experiences to help you make informed choices about your future.

Once you know how, why not apply to one of Springpods many amazing opportunities? Here are a few...

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- Offshore Wind with RWE: Students will explore the innovative world of offshore wind - from creating offshore wind farms to environmental factors and cutting-edge engineering projects taking the offshore wind sector by storm.
 - Sustainable Farming: Students will learn more about sustainable food production process and take a closer look at animal welfare and environmental management. By the end they will understand how the farming and growing industry is more important than ever.
 - Primary Teaching: Students will learn how a teacher can help a pupil achieve, considering their learning environment and their relationships with their peers. Students are tasked with planning a lesson which caters for all abilities.
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JOB OF THE WEEK



This week's video focuses on the job role of a Financial Advisor.

They are a qualified person who is able to provide expert guidance to people when they have important and potentially difficult financial decisions to make, such as approaching retirement.

Watch the video to learn more.

LABOUR MARKET INFORMATION FACT

The EngineeringUK STEM report showed that 15% of young students had done a STEM related work experience, with a further 26% keen to do so but unable to secure a placement.

Source

If you have any questions or need support, please email Edel.Donlon@chasehigh.org



CAREERS NEWSLETTER

OPPORTUNITIES

OuterCircle is a new apprenticeship support community. "Our mission is to provide an authentic, in-person community for Aspiring Apprentices & Young Professionals to form lasting connections, share experiences, and engage in meaningful conversations, while continually adapting to meet their evolving entertainment and social needs." - You can join their [Aspiring Apprentice Discord here](#).

GoCareers is a recruitment company dedicated to empowering young individuals by connecting school leavers with tailored opportunities in key industries such as Finance and Accounting, Sales and Marketing, IT, Business, and Administration. [Check out their website here](#).

Business vs. economics at university: What's the difference and which degree is right for you? In this engaging online event with University of East Anglia, we will take a theme common to both Economics and Business degrees, Globalisation, to illustrate how you might expect to explore this crucial topic during your undergraduate studies. [Read more and register here](#).

Among the many skills that humans evolved to design their environments, art-making is among the oldest, existing far before evidence of written communication. However, we are still in the early stages of understanding how and why individuals create and respond so powerfully to works of art. In this webinar we will explore how people become art experts, looking at the role of practice and talent. We will also discuss the psychological value of art creation and appreciation, and its link to mental health. [Read more and register here](#).

"A United Kingdom?" is an interactive webinar, hosted online by the Department of International Politics at Aberystwyth University. The aim of this webinar is to support students in questioning and challenging our thinking about current and topical subjects in politics. [Read more and register here](#).

EMPLOYER SPOTLIGHT

"We believe that the best jobs make you fly. So, what better way to take off on your career path than with a Virgin Atlantic apprenticeship. With over 100 apprentices across 25 different learning programmes at Virgin Atlantic, you'll be part of a team and community that shares your values in learning something new every day." You can read more about Virgin Atlantic's careers [here](#).

UNI SPOTLIGHT

"From the moment you join King's as a student, you'll also become part of the best student city in the world* with our campuses making us the most central university in London. With world-class teaching facilities, a cosmopolitan student community and historic architecture, there's so much to explore." You can read more about King's College London courses [here](#).

If you have any questions or need support, please email Edel.Donlon@chasehigh.org



Art

Exhibition

GCSE Art Exhibition

Wednesday 26th June 2024

4pm till 7:30pm

Room MM42

10 Top Tips for Parents and Educators

FAIR PLAY AND FRIENDLY COMPETITION

In school sports, fair play and friendly competition are important for character development. Fair play embodies respect and integrity while good-natured competition balances rivalry with camaraderie. This guide addresses potential challenges – like the pressure to win – and offers practical tips on instilling values of fair play and cultivating a positive sporting environment for young athletes.

1 LEAD BY EXAMPLE

Parents, carers and teachers should try to exemplify fair play: demonstrating respect for opponents, coaches and officials. Children frequently learn by observing adult behaviour, so displaying a sense of fair play sets a powerful precedent for them to follow in their own actions on and off the field.

2 EFFORT OVER OUTCOME

Encourage children to focus on giving it their all, rather than basing their entire performance on whether they win or not. This fosters a growth mindset, where the journey and the process of improvement are valued just as much as the end result. It also reduces the pressure to “win at all costs”, which can be a harmful outlook in some situations.

3 SET CLEAR EXPECTATIONS

Establish clear guidelines and expectations for behaviour before, during and after sporting events. Ensuring that children understand what is considered acceptable conduct helps prevent misunderstandings and promotes a positive, respectful atmosphere.

4 HIGHLIGHT COOPERATION

Underline the value of teamwork and cooperation in achieving success. Success isn't just about individual achievements, but about how well the team communicates, encourages each other and works together towards a common goal. A strong focus on cooperation fosters camaraderie and mutual support among players.

5 DISCUSS ACCEPTING DEFEAT

Help children to understand that they can't win every contest – that losing occasionally is a natural part of both sport and life in general. Teaching them to accept defeat gracefully and learn from their mistakes promotes resilience, humility and the ability to bounce back stronger from setbacks. Taking a loss in one's stride is also an admirable trait and can help children and young people garner respect in their future life.

6 ENCOURAGE INCLUSIVE PARTICIPATION

Promote an environment where all children feel welcome and valued, regardless of their skill level. Prioritise the importance of participation and enjoyment over winning, creating a supportive atmosphere where every child can thrive and develop their abilities without unnecessary pressure.

7 FOSTER CONFLICT RESOLUTION SKILLS

Teach children how to resolve conflicts peacefully and respectfully, both on and off the field. Providing them with strategies for effective communication and problem-solving helps build stronger relationships and enhances their ability to navigate challenges, which can be a huge boon to them throughout their adult lives.

8 TEACH RESPECT

Emphasise to children the importance of respecting everyone involved in the game, regardless of the outcome. Respect for your teammates, opponents, coaches and officials helps to create a positive, inclusive sports environment where everyone can feel valued and appreciated.

9 GIVE CONSTRUCTIVE FEEDBACK

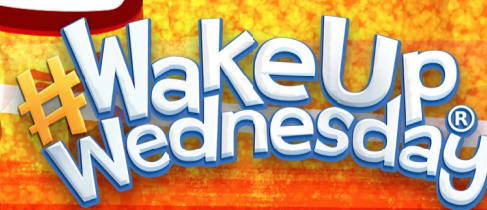
Offer feedback that focuses on areas for improvement rather than unfiltered criticism. Praise what a child has done well and advise on how to improve, rather than simply pointing out shortcomings. Encouraging a growth mindset and highlighting progress helps children to develop confidence, resilience and a desire to continue striving for excellence.

10 CELEBRATE GOOD SPORTSMANSHIP

Try to avoid solely drawing attention to children's physical performance on the field. Recognise and celebrate acts of sportsmanship, fair play and kindness, too. By spotlighting positive behaviour, you reinforce the importance of such conduct and inspire children to practise this in the future, creating a culture of respect and camaraderie within the sports community that does wonders for morale.

Meet Our Expert

Caroline Holder is a PE consultant based in Staffordshire. Having worked across all age ranges delivering PE in schools, she now trains teachers and works with schools to develop their provision and ensure it achieves maximum impact for pupils. She passionately believes in the impact that PE, sport, and activity can have on children.



The National College

CHASE HIGH

More Able Student Update

At Chase High we strive to ensure that our *More Able* students are stretched to meet their full potential. Every year we organise events in, and out, of school to open our students' eyes to the possibilities that await them upon finishing secondary school. A huge focus is, of course, on promoting higher and further education as well as on cultural enrichment. We aim to build intrinsic motivation in all of our students so that the drive to succeed comes from within themselves. Importantly, we want parents to be in the loop so that they can continue to reinforce and encourage the messages at home too and so that parents can reach out to us if they would like more advice on supporting a *More Able* student and being aware of what options are out there for their children. Your first point of contact for information regarding provision for *More Able* students is me, Dan Emms, and you can contact me by email at: daniel.emms@chasehigh.org

So far this year...

- Students and Parents have been informed in writing that their child has been identified as More Able.
- Year 11 *More Able* students were paired with a mentor for support this academic year
- KS3 students and parents have participated in "take your child to work day"
- All students participated in events throughout the week celebrating world book day
- All students participated in events for the Science Fair
- All students participated in STEM (Science, Technology, Engineering and Maths) day
- Year 8 and 9 were involved in seminars with speakers from Cambridge University
- Latin club started for KS3 students
- Year 10 and 12 students attended the university fair at the Excel Centre in London

Coming up in the rest of the year ...

- Year 10 to complete their first round of PPE's (mock exams)
- Year 7 and 8 students to attend seminars with Author matt Oldfield
- Year 10 to complete a two-week work experience placement
- Students from year 8 and 9 to visit Cambridge University
- Careers interviews for year 10 students

With the upcoming GCSE exams and year 10 PPE's I have included a poster from InnerDrive to remind your children of useful ways to prepare for exams

10 tips to prepare for your first exam

by @inner_drive | www.innerdrive.co.uk



1 Space out your learning



6 Avoid looking at your phone

2 Test yourself



7 Surround yourself with positive people



3 Schedule in time for yourself



8 Use positive self-talk



4 Exercise regularly



9 Get enough sleep



5 Ask your teachers and support system for help



10 Visualise yourself in the exam hall





Maximise Your Revision #4 Create Model Answers

A model answer is an ideal response to a question. They are most useful for extended written answers.

Step one – chose the question

Make a careful choice from material you have already studied. Look for questions that are 4 marks or more so that an extended answer is expected.

Step two – review the mark scheme

Have the mark scheme available. Read the mark scheme checking for your own understanding. Anything that isn't clear you will need to research such as key terms.

Step three – use the mark scheme to create a vocabulary list

Highlight the mark scheme and pull out one or two terms for each marking point. Make these into a checklist of things to include.

Step four – create your model answer

This is best done at a later time. Use the checklist to write a model answer. Do this in the timeframe you would expect for the exams (1 minute per mark). Now go back to the full mark scheme and check your answers hits all the points

Step four – space rehearsal

You can repeat this process going back to the short checklist. Over time you will begin to strengthen your memory of the key points and how to add the structure.

want to know more

There are websites that have saved all the recent past papers and mark schemes. Ask your teachers for the ones they recommended or start your search here with Revision World

<https://revisionworld.com/gcse-revision>

Tips for parent/guardian – instead of how's your revision going? Try these questions



What did you write a model answer on today?

Did you need to look anything up?

Did your model answer get you full marks?