



## Headteacher's Comment:

I have endeavoured to wear my 'big coat' this week although the temperatures are much more akin to those we were blessed with in the summer. Please ensure your children are dressed appropriately for school and if you have any questions regarding the uniform policy do not hesitate to contact the appropriate year leader or myself.

At this time of year all schools have an opportunity to change or tweak their admissions policies, it is quite common and I am notifying you that Chase High School admissions policy is open for consultation.

And finally, a reminder that we do not allow spectators to attend after school fixtures. This is not uncommon across Southend and the country. I am working with the relevant staff to work out an alternative but I must ask that you show staff the level of politeness and kindness that you would expect in return. Thank you for your continued support.

#ProudToBeChase



## Friends of Chase Cake Sale:

This week was the first LORIC Cup of the year, where pupils were invited to bake at home to contribute towards our bake sale at break and lunch time. Pupils bakes were placed on the colour of their house and money made from the sales were placed in the corresponding house pot. The results of this LORIC Cup competition will be revealed in the Celebration Assemblies next week. This event was a huge success with over £400 being raised for the Friends of Chase Charity. A massive thank you to all pupils, parents and staff who contributed towards this event.



## Chelsea Football Academy Post 16 Trials:

We are holding our Chelsea Football Club Post 16 Academy trials during half term on Wednesday 30 October from 10.00 - 12.00 for both male and female players.

If you are in Year 11 and would like to study A levels or vocational courses next year, whilst also training every day with a Chelsea football coach, please use the QR code to sign up!



If you require further information, please attend our Sixth Form Opening Evening on Thursday 24 October 16.00 - 19.00 where you will have the opportunity to meet the Chelsea team coach and players.





## Geography Trip:

Today, over 90 Year 11 pupils visited Walton on the Naze to support their GCSE Geography studies. As part of the trip, pupils looked at the physical geography of the coastal area and how the coast is being managed using different strategies. The pupils took scientific measurements, completed questionnaires and conducted environmental surveys to prove or disprove their hypotheses.



## Essex Cup Victory:

Yesterday, our Year 11 football team participated in the first round of the South Essex Cup. They played against King John School, with the game finishing at 2-2 draw. The match went into penalties and we won the shootout taking us into the next round.

Well done everyone for demonstrating great resilience and teamwork!



## Remembrance Poppies:

Ahead of our remembrance event taking place on Monday 11 November, we will be selling poppies to raise money for the Royal British legion. Members of our Junior Leadership Team will be visiting tutor groups asking for a small donation in exchange for a poppy. Wearing a poppy is a way of showing appreciation for the service and sacrifice of our armed forces, veterans and families, both past and present.



## Dates for your Diary:

- 24.10.24 Year 11 Curriculum Evening/P16 Open Evening
- 28.10.24 – 08.11.24 Half Term
- 11.11.24 Back to School/Week 1/Remembrance Event



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**Chief Executive Officer: Mr R Duff**

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# POST-16 TRIAL



Our Chelsea Football Club Post-16 Academy programmes offer both male and female players the opportunity to broaden their educational learning while participating in a fully comprehensive training and playing programme. To attend our upcoming trial please either scan the QR code or use the below website and course code.

[Chelseafcfootballdevelopment.com](https://chelseafcfootballdevelopment.com)  
Course Code: CA-CHA-E-4

Area	Venue	Trial Date
Essex	Chase High School	Wednesday 30th October
Timings	Ages	Invite Code
10.00 - 12.00pm	School Year 11	CHASEFCFC



# CAREERS NEWSLETTER

This newsletter is a collation of all the opportunities we have heard about from employers and universities. Please use the links included to read more information and apply to anything you are interested in. Links are underlined.

## OPPORTUNITIES

14th-20th October 2024 is Recycle Week. It's the one week of the year where retailers, brands, waste management companies, trade associations, governments and the media come together to achieve one goal: to galvanise the public into recycling more of the right things, more often.

This year's Recycle Week theme is 'Rescue Me'; focusing on rescuing recyclable items from the rubbish bin.



We would consider jobs that promote recycling, Co2 reduction and the promotion of environmentally friendly causes a "green job". Here is a [blog from the National Careers Service](#) that tells you everything you need to know about Green Jobs.



If you're feeling inspired and think you might like to work in a green job in the future, check out this [Green Jobs board](#) which shows you a range of roles available, how much you could earn and the sort of things you'd be responsible for in each role.

If you want to understand more about the industry, check out these virtual work experiences on Springpod:



- [Engineering a Sustainable World with IChemE](#)
- [Grow Your Sustainable Career - Work Experience in Farming](#)
- [Sustainability Unveiled: Virtual Work Experience in Green Careers](#)
- [Met Office Careers - Forecasting Your Future](#)

If you don't want to commit to a full work experience programme yet but would like to learn more, these talks from Speakers4Schools will also be of interest:



- [Why Your Involvement In Nature Is No Longer Optional](#)
- [How the NHS are working to lessen their environmental impact](#)
- [Figuring Out The Small Changes You Can Make To Have A Positive Impact on Sustainability And Society](#)

If you have any questions or need support, please email [careers@chasehigh.org](mailto:careers@chasehigh.org)

## JOB OF THE WEEK



[Sustainability Consultant](#)

Sustainability consultants use their expertise and knowledge to advise and guide businesses to become socially and environmentally responsible. In addition, their expertise touches on how the company operates in a more sustainable way. Watch the video to learn more about working hours, salary and qualifications needed.

## LABOUR MARKET INFORMATION FACT

LinkedIn reports that between 2022 and 2023, the number of people with the skills to help address the climate crisis grew by **12.3%**. However, the share of jobs posted over the same period that required at least one green skill increased by nearly twice as quickly, at **22.4%**.

[Source](#)

# CAREERS NEWSLETTER

## OPPORTUNITIES

Future Financial Adviser is a digital community providing career advice, peer-to-peer connections, mentors, events, and career opportunities within the financial-advice sector. Join us this Autumn for a series of 40-minute webinars covering;



- Understanding financial services and the different roles that are available, 16th October 2024, register [here](#).
- Get the skills you need to secure your first job: personal branding, CV and interview tips, 20th November 2024, register [here](#).

Sportfolio help UK students to pursue their sporting ambitions alongside their education. They proudly work with the leading sporting and academic institutions throughout the UK to offer Sportfolio users an opportunity to find out all you need to know regarding sport at University and the prospects available. You can read more about [how it works here](#).



Are you thinking about the end of Year 11? Choosing your A Level subjects is a big decision. [Read the Complete University Guide's advice](#) on how to decide, whether you know what you want to study at university or not.



Alternatively, you may decide to take a vocational qualification instead. In [this guide from UCAS](#), you can read more about what they are, who they suit and whether or not universities accept them.



A great way to make choices about the end of Year 11 is to attend the open days for the places you're interested in studying. In order to make the most of these events, it is good to create a list of questions. [Here is a guide](#) to help you consider what questions might help you to make a choice about what and where to study.



### Have a fantastic October break!

Your Careers Newsletter will return for Term 2 week commencing 28th October.

## EMPLOYER SPOTLIGHT

"RSK is a global leader in the delivery of sustainable solutions. Our family of more than 200 environmental, engineering and technical services businesses works together to provide practical solutions to some of the greatest challenges societies have ever faced. People are at the heart of our business."

Read more about [RSK Careers here](#).

## UNI SPOTLIGHT

"Choosing the right university and course for you is one of the biggest decisions you'll ever make, but it does not have to be a complicated one. At Kingston, all our courses are developed with your career in mind, so that you get the most up-to-date information and gain the relevant work-related skills needed for the modern work environment." Read more about [Kingston University Courses here](#).

If you have any questions or need support, please email [careers@chasehigh.org](mailto:careers@chasehigh.org)

# What Parents & Educators Need to Know about HORROR FILMS & AGE RATINGS

The 'on-demand' availability of streaming platforms in many homes creates extra possibilities for young viewers to be exposed to age-inappropriate content. Material which features horror or violence can cause anxiety and nightmares for children, especially since it can be hard for young ones to grasp that what they're watching isn't real.

## CLASSIFICATION BREAKDOWN

The British Board of Film Classification has the following age ratings:

**U:** Suitable for all ages

**PG:** For children aged 8 and above; this content shouldn't unsettle them

**12A:** Children under the age of 12 should not watch without an adult; this content potentially features bad language, nudity or sexual references

**15:** Suitable only for 15-year-olds and above

**18:** Exclusively for an adult audience, with potentially explicit themes of violence, nudity or sex



## WHAT ARE THE RISKS?

### STREAMING IS EVERYWHERE

Modern mobile devices make it very easy for children to watch streamed films without the need for a TV. The availability of inappropriate content has risen significantly on streaming platforms, almost all of which host 18-rated content. If not restricted by parental controls, this could be viewed by children who aren't quite ready for such adult themes, concepts and imagery.

### FACT VS. FICTION

Many children have no trouble separating fact from fiction. However, with modern day technology making pretend violence and horror look ever more realistic, it's becoming harder for youngsters to tell the difference. For instance, consider remakes of older films, where dated special effects (making it easy to discern that something wasn't real) have been replaced by far more convincing monsters and gore.

### PEER PRESSURE

Friends encouraging each other to watch the latest film featuring violence or horror can lead to children consuming content that they're not ready for. As 18+ content is available on many streaming platforms, youngsters can watch these together – potentially without their parents' or carers' knowledge.

TOO SCARED?

### CHILDREN SCARE DIFFERENTLY

It can be difficult to decide what content is appropriate for children. What's fine for one child could be extremely frightening for another. As many children admit to not sharing or discussing the content they watch with their parents, encouraging an open dialogue around the kind of media that young people consume can help avoid exposing them to any inappropriate content.

### PSYCHOLOGICAL IMPACTS

Horror prides itself on its ability to startle or induce genuine fear in the viewer – so it's no surprise that this genre isn't usually intended for children. A natural side-effect of this is that 'jump scares' or a creepy, suspenseful atmosphere can have lasting effects on younger minds. The resulting anxiety can impact a child's sleeping patterns or eating habits.

## Advice for Parents & Educators

### WATCH THE FILM FIRST

If you're concerned that a film might be unsuitable for children (whether it's their first dive into the horror genre or a step up in age classification), then take a look for yourself. There's no better way to judge whether this content is something you'd deem appropriate for a child – and if a parent, for example, has actually seen the film (or at least a portion of it), they can construct a far more credible case if they decide it's inappropriate.



### REMEMBER – IT'S NOT REAL

Emphasise to children that the content they're viewing is entirely fictional and has no chance of affecting them in real life. If a child is upset after watching a film, try to understand what exactly has unsettled them: this can help you approach the topic in a healthy and informative manner, to dispel any fears or anxieties they may have.



### DISCUSS THE CONTENT OF FILMS

If a child has seen a film that you think may have exposed them to potentially uncomfortable themes and ideas, don't shy away from talking about it, and answer any questions they may have. This is especially important if they watched the film without an adult present. Ask them to summarise the story for you, as this will give you an understanding of what they've learned from watching it.



### USE PARENTAL CONTROLS

Most streaming platforms have the option to put age ranges on children's accounts. This means that films and shows that are inappropriate for children won't be advertised while they're browsing and won't even appear if a child specifically searches for them. This can be changed any time at parents' discretion, but it's wise to protect these settings with a password, so a child can't alter anything on their own.



### Meet Our Expert

John Insley is an assistant principal at a secondary school. He has been involved with e-safety in schools for over 10 years, writing policies and supporting various schools in developing their e-safety provision. John has introduced a range of strategies at multiple schools aimed at helping parents to better support their child in the ever-changing digital world.



#WakeUpWednesday

The National College