



Headteacher's Comment:

Welcome back! There are only 349 days until Christmas; the countdown has begun. Although, like me, you might be glad to have got through the festive period relatively unscathed and are looking forward to a modicum of normality. Year 9 options evening saw over 150 pupils, along with their parents and carers, in school to discuss and choose their future pathways. It was lovely to see such enthusiasm and ownership of their academic success.

As we enter the new year, many of us set resolutions with the intention of making positive changes. It's important to remember that it's perfectly okay if you stray from those resolutions. What truly matters is the ability to restart and keep striving towards your goals. Each new day presents a fresh opportunity to get back on track.

#ProudToBeChase



Breakfast Boosts Brainpower!

It is important for pupils to start the day with a nutritious breakfast. Studies show that pupils who eat breakfast regularly perform better academically. Eating a healthy breakfast can contribute to improved readiness to learn, increased concentration, and help improve wellbeing and behaviour. Pupils should also make sure they drink plenty of water throughout the school day.

Chase High School has its own breakfast club open to all pupils starting from 7.30 providing freshly toasted bagels with a choice of butter and toppings. Our Sixth Form breakfast club starts at 8.20 for Post 16 students.



Positively You Workshops

On Wednesday we invited 'Positively you' into school to hold workshops with our Year 11, 12 and 13 students to give them some top tips for exam preparation. The sessions looked at practical techniques designed to improve memory and exam performance as well as provided some guidance on motivation, well-being and resilience. It was a very enjoyable day and it was lovely to see our students engaging with all the activities. All students now have access to the 'Positively you' online hub and are encouraged to access the wide range of resources and guidance that it available to them.



Year 11 Parents' Evening

We are holding our Year 11 Parents' Evening online on Thursday 23 January from 16.00 and hope all parents/carers take advantage of speaking with staff about their child's attainment and engagement. The booking system is now open. If you are having difficulties in booking appointments, please contact Miss Whitbread, Deputy Head of Year 11. [Click here to book now.](#)



Dates for your Diary:

20.01.25 – 24.01.25 – LORIC Week/Holocaust Memorial Assemblies

20.01.2025 – Careers Network Event

23.01.2025 – Year 11 Parents' Evening





CAREERS NEWSLETTER

This newsletter is a collation of all the opportunities we have heard about from employers and universities. Please use the links included to read more information and apply to anything you are interested in. Links are underlined.

OPPORTUNITIES

We know it's the first week back and February feels AGES away... However, we want to bring your attention to the fact that 10th-14th February is National Apprenticeship Week. This is one of the biggest events in the careers calendar.

We will share more information with you about specific events the week before the event. But, for now, these are some of the things you can do if you're keen to learn more about apprenticeships and make NAW2025 a really impactful event for your career knowledge, growth and future planning.



Here are the events that are already listed for the week, you can already register to as many as you'd like. Some are broad and about apprenticeships in general whereas others are specific to certain industries/employers.



You can also find events directly from employers and education organisations by searching #NAW2025 on social media platforms.



The week is run by a company called CareerMap who are giving away a range of prizes during the week (including a MacBook Pro and JustEat vouchers!).

You might be thinking, "Ok, great... But I don't really know much about apprenticeships at the moment!". Here are some of the questions you might have:

- What is an apprenticeship?
- Is an apprenticeship right for me?
- What do the different Apprenticeship levels mean?
- Should I go to university or do a Degree Apprenticeship?
- How can I educate my parents/carers about Apprenticeships?
- How do I apply for apprenticeships?
- What support is there for me if I have additional needs?



If you have any questions or need support, please email careers@chasehigh.org

JOB OF THE WEEK



Geneticist

A Geneticist is a scientist or physician who studies the science of genes, heredity, and variation in organisms. They study how genes work in humans, animals, plants, and microbes, and how they are passed on.

Watch the video to learn more about how much you could earn, working hours and pathways into the industry.

LABOUR MARKET INFORMATION FACT

Apprenticeship starts were up by 0.7% to 339,580 in academic year 2023/24, compared to 337,140 reported for the previous year.

Under 19s accounted for 23.2% of starts (78,930) in 2023/24.

Source



CAREERS NEWSLETTER

OPPORTUNITIES

If you already know that you want to follow the university route, you can find lots of events using [UniTasterDays](#).

The [Met Office work experience programme](#) consists of two distinct phases. The first is an online work experience. This stand-alone programme is available to all UK-based students aged between 13 and 18, and all who register are guaranteed a place. As part of this programme, you'll explore typical roles in the Met Office through a series of videos, projects and webinars. Following completion of the online programme, you can apply for a second phase of work experience - a two to three day in-person placement, for which limited places are available.



EquityEd has been started by current university students who want to make the education pathways beyond Sixth Form more accessible to everyone. "At EquityEd, we bring the opportunities directly to you. We want to make sure that all opportunities are accessible to all state-school students and not gate kept by a minority. Gain access to opportunities for Secondary, Sixth Form, & College students from top institutions and organisations starting today by [using our website](#)."



"At Rolls-Royce, we want you to be at your best. That's why we've created [two comprehensive preparation guides](#) to help you know what to expect when it comes to applications, interviews and Assessment Centres. Whether you're applying to a Rolls-Royce Early Careers programme or elsewhere, these guides can give you a helpful insight into the recruitment process. So, you can feel ready and confident for the journey ahead."



"The [National Apprenticeship & Education Events](#) are designed to inspire school & college leavers, and other young adults, to discover more about career and further education opportunities. Our events bring together thousands of Students aged 15+ from schools, sixth forms & colleges, parents, guardians & individuals together with Top UK Employers, Universities, Colleges & Training Providers. Our events provide those all-important face-to-face conversations in a fun and interactive setting."



EMPLOYER SPOTLIGHT

"You'll not only play a part in powering, protecting & connecting people everywhere, you can expect all the training and qualifications you need to progress yourself. Getting your ideas noticed and gaining the support to develop your skills and knowledge. Step into a friendly, welcoming environment: a place where you can be your best & feel like you belong."

Read more about [Rolls Royce Careers here](#).

UNI SPOTLIGHT

"The University of Manchester is a centre of teaching excellence, world-class research, outstanding student experience, and social responsibility. Part of the prestigious Russell Group of universities, it's institutions like ours that have the greatest responsibility to act as the world faces big challenges. Together, we face this head on."

Read more about [The University of Manchester here](#).

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